



**Travel Information**  
**GOLDEN HUMMINGBIRD TRAINING LEVEL 3: RITUAL AND ADVANCED TRAINING**

**JULY 3-12, 2009 PALMA DE MALLORCA, SPAIN**

**Packing List:**

- Comfortable light summer clothing
- Light sweaters
- Sunscreen and/or sunhat
- Sunglasses
- Raincoat or umbrella
- Sneakers, sandals
- Bath towel
- Semi formal evening **outfit in white** (last evening)
- Your Training Level II Workbook !!!
- Personal astrological chart
- Some Life style magazines
- one empty bottle for 1 essence (like an apothecary bottle - 30ml in size is plenty)
- Pendulum
- Bright crystal or any gem with min. ½ carat
- Writing notebook and some blank paper (no lines)
- Diary (with blank pages)
- Directional compass & drawing compass
- Colour pencils, crayons, pens
- The book of Psalms
- Cord, red colour, fingerthick, 3 meters (9,84 ft) long
- Franz Bardons book: The Practice of Magical Evocation
- Tarot deck

**Location:**

The training is very intense, and we have a wonderful air conditioned room, very comfortable, to go very deep in the work. There is a pool area to relax and good food to nourish you. The training itself changes constantly and becomes more advanced and renewed each year. Please join us at the height of the season in gorgeous, lovely Mallorca island ( your family can rest at the hotel while you do the training and families can eat with us all meals!).

**Address of the hotel:**

**Hesperia Ciutat de Mallorca \*\*\*\***  
**Francisco Vidal Sureda 24**  
**07015 Mallorca**  
**Baleares**  
**Tel. (+34) 971 701 306**  
**Fax (+34) 971 701 416**  
**website hotel: [www.hesperia-ciutatdemallorca.com](http://www.hesperia-ciutatdemallorca.com)**

## Arrival and departure times:

The hotel in Palma is 5 minutes from the airport. Therefore, when you arrive, take a taxi. We start the training on July 3rd at 5 PM. So please be settled and checked in to your room and unpacked by 4 PM on the 3rd. We will allow everyone to leave on July at 1 PM. You can take an inexpensive taxi to the airport and catch your flight. We will have a list of your room numbers at reception when you arrive- there is internet, and modern facilities in each room and you are very close to the town of Mallorca to take walks.

