



## Travel Information

### GOLDEN HUMMINGBIRD TRAINING LEVEL 3: RITUAL AND ADVANCED TRAINING

NOVEMBER 24-DECEMBER 9, 2009 RIO DE JANEIRO/BUZIOS BEACHSIDE TRAINING

#### Packing List:

- Comfortable light summer clothing
- Light sweaters
- Sunscreen and/or sunhat
- Sunglasses
- Raincoat or umbrella
- Sneakers, sandals
- Bath towel
- Semi formal evening **outfit in white** (last evening)
- Your Training Level II Workbook !!!
- Personal astrological chart
- Some Life style magazines
- one empty bottle for 1 essence (like an apothecary bottle - 30ml in size is plenty)
- Pendulum
- Bright crystal or any gem with min. ½ carat
- Writing notebook and some blank paper (no lines)
- Diary (with blank pages)
- Directional compass & drawing compass
- Colour pencils, crayons, pens
- The book of Psalms
- Cord, red colour, fingerthick, 3 meters (9,84 ft) long
- Franz Bardons book: The Practice of Magical Evocation
- Tarot deck

#### Location:

Buzios is the loveliest beach resort of Rio De Janeiro where many Brazilians come to relax, swim, eat well and rejuvenate. It is famed for its diverse beaches, exclusivity, and warm, sumptuous weather. Hotel Barracuda has single supplement rooms if you want to pay extra or luxurious upgrade rooms if you want luxury, views of the ocean and privacy. We can help you to make the right reservation for your needs. We love the beach there- the incredible views, sand, natural surroundings and good food! The training room is air conditioned and comfortable.

#### Address of the hotel:

**Hotel Barracuda Resort**  
**Ponta da Sapata, s/n**  
**Praia de Manguinhos Armacao dos Buzios**  
**Rio de Janeiro- Brazil**  
**Cep: 28950-000**  
**Tel. no: +55 (22) 2623-1314**  
**Email: mar@barracudaresort.com**

## Arrival and departure times:

On November 24th, the bus will leave by 12:30 PM from Rio International Airport at the meeting point . The bus driver will have a list of all participants and will not leave until everyone is on board. So get there in time! It takes the bus 3 hours from the airport to the hotel. The bus will leave Buzios on December 9th at 2:30 PM and will arrive at the international airport at 5:30 PM. Do not book your flight before 7:30 PM on December 19th. We finish the work at 12 noon on the 19th and serve lunch from 12 noon until 2 PM. The bus leaves at 2:30 PM for the airport on that day.

Please make all your travel plans accordingly. thank you and welcome to this amazingly full and deep training!

